



**PAKISTAN
SAFETY COUNCIL**
Occupational Safety & Health Organization

PSC[®] OFFICIAL HSE & SUSTAINABILITY E-MAGAZINE

SAFETY INSIGHT



ONE NATION
ONE UNIFIED
PROGRAM

Volume 2 | Issue 7 | July 2026

BUILDING SAFER WORKPLACES

LEADERSHIP • INNOVATION • SUSTAINABILITY

IN THIS ISSUE



SAFETY LEADERSHIP

Building a Stronger Safety Culture



HSE FOCUS

From Risk Assessment
to Risk Prevention



SUSTAINABILITY

Advancing Environmental
Responsibility



GLOBAL HSE

International Trends &
Best Practices



PSC 9TH HS&E EXCELLENCE CONFERENCE & AWARDS 2026

Recognizing Excellence.
Inspiring Safer & Sustainable Workplaces.



COMING THIS OCTOBER

PSC 9TH HS&E EXCELLENCE CONFERENCE & AWARDS 2026



7 OCTOBER 2026



KARACHI, PAKISTAN



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**PAKISTAN
SAFETY COUNCIL**
Occupational Safety & Health Organization

EXECUTIVE MEMBERS

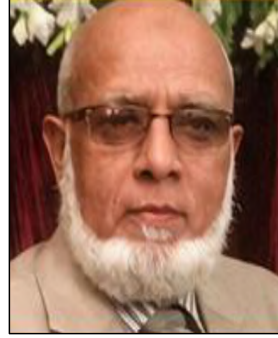
EXPERTS IN THE FIELD OF HEALTH & SAFETY,
PROCESS SAFETY, FIRE SAFETY,
CONSTRUCTION SAFETY AND MUCH MORE



1 SENIOR VICE CHAIRMAN

Syed Jawaaid Akhter

A seasoned HSE leader with vast experience in industrial safety, process safety and emergency management. His strategic vision and commitment continue to guide PSC in promoting international best practices and advancing safety standards across Pakistan.



2 VICE CHAIRMAN

Muhammad Aminuddin

Bringing decades of experience in occupational Health and Safety and risk management, he plays a vital role in strengthening PSC's initiatives and fostering a culture of safety, professionalism and continuous improvement.



3 VICE PRESIDENT

Waseem Khan

A highly respected HSE professional with expertise in process safety, operational excellence and safety leadership. He contributes to building safer workplaces through practical solutions and professional guidance.



4 CEO / GENERAL SECRETARY

Ali Raza Memon

HSE & Sustainability Professional with 19+ years of experience in Occupational Safety, Health, Environment, Risk Management, and Professional Training, committed to advancing workplace safety and professional excellence.



5 EXECUTIVE MEMBER

Syed Ansar Shah

Experienced professional in occupational safety, industrial operations and compliance management, dedicated to advancing professional standards and supporting organizational growth.



6 EXECUTIVE MEMBER

Muhammad Ali Noorani

An accomplished safety professional with expertise in industrial safety, risk assessment and emergency management. He supports PCS's mission through his commitment to safety awareness and capacity building.



7 EXECUTIVE MEMBER

Mudassir Hussain

An accomplished HSE expert with strong background in fire safety, emergency response and training development. He plays an important role in enhancing PSC's national safety programs and professional development.



8 EXECUTIVE MEMBER

Asad Ullah

A dedicated HSE professional with experience in workplace safety, compliance management and risk control, working tirelessly to promote safety awareness and build a safer and healthier work environment.



9 EXECUTIVE MEMBER

Muhammad Yahya Chohan

HSE professional with extensive expertise in industrial safety and safety management systems. He contributes to strengthening PSC's efforts in building a component and resilient safety community.



10 EXECUTIVE MEMBER

Yasir Mehmood

Experienced in conclusion safety, fire safety and emergency preparedness. His leadership and dedication support PSC's vision of creating safer workplaces and empowering future safety leaders.



ALI RAZA MEMON
Founder & CEO
Pakistan Safety Council (PSC®)

“SAFETY IS NOT
JUST A PRIORITY,
IT IS A VALUE THAT
PROTECTS LIVES
AND BUILDS
A STRONGER
NATION.”

FROM PSC LEADERSHIP

A MESSAGE FROM FOUNDER & CEO

Dear Esteemed Members, Partners and Friends,

As we step into July 2026, I am filled with gratitude and pride for the remarkable progress we have achieved together. At PSC®, our mission remains stronger than ever—to promote a culture of safety, health and sustainability across every workplace in Pakistan and beyond.

This month's theme “Building Safer Workplaces: Leadership, Innovation & Sustainability” reflects our collective responsibility to create environments where people are protected, empowered and inspired to excel.

We continue to drive impactful initiatives, strengthen professional partnerships and empower HSE professionals through training, capacity building and knowledge sharing. The overwhelming response to our upcoming 9th HS&E Excellence Annual Conference & Awards 2026 is a testament to our shared commitment to recognize excellence and shape a safer, sustainable future.

Let us keep working together—with leadership, innovation and a passion for sustainability—to build a safer Pakistan for generations to come.

With best regards,

Ali Raza

Ali Raza Memon

Founder & CEO
Pakistan Safety Council (PSC®)

OUR CORE VALUES



SAFETY
First in
everything
we do



INTEGRITY
We act
with honesty
and accountability



COLLABORATION
Stronger
together for
lasting impact



INNOVATION
Driving positive
change through
new ideas



SUSTAINABILITY
Protect today,
sustain
tomorrow



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HSE updates and activities



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“Our commitment is to create safer, healthier and more sustainable workplaces for a better tomorrow.”



CHOOSING THE RIGHT FIRE FIGHTING EQUIPMENT SUPPLIER IN PAKISTAN



Fire accidents happen fast and can cause devastating losses. In Pakistan, the demand for high-quality fire safety has grown significantly, especially after tragic incidents like Gul Plaza Fire. New building codes, such as the Building Code of Pakistan (Fire Safety Provisions-2016), require buildings to have proper fire systems. Choosing the right supplier ensures reliable equipment, compliance, and complete peace of mind.



WHY CHOOSING THE RIGHT SUPPLIER MATTERS

A professional supplier provides more than equipment – they deliver safety, reliability, expertise, and long-term support.

KEY FACTORS TO CONSIDER WHEN SELECTING A SUPPLIER



1 REPUTATION & EXPERIENCE

Choose a company with a proven track record and decades of industry experience. Their past projects reflect reliability and expertise.



2 PRODUCT QUALITY & CERTIFICATIONS

Always go for certified products such as UL Listed, FM Approved, or LPCB. At H.S. Ahmed Ally, we offer Firex products – globally trusted and certified to meet the highest safety standards.



3 RANGE OF PRODUCTS

A one-stop solution provider saves time and ensures all systems work seamlessly together.



4 TECHNICAL EXPERTISE

A good supplier offers professional risk assessment, custom design, and compliance with NFPA & local fire safety regulations.



5 MAINTENANCE & AFTER-SALES SERVICE

Look for suppliers who provide maintenance contracts, regular inspections, and reliable after-sales support.

UNDERSTANDING FIRE SAFETY NEEDS IN PAKISTAN



INDUSTRIAL VS. COMMERCIAL NEEDS

Each environment has unique risks. Factories, warehouses, offices, malls and data centers all require different fire protection solutions.



COMPLIANCE WITH LOCAL LAWS

Our solutions comply with Civil Defense, PEC, NFPA standards and Building Code of Pakistan requirements.

COMMON MISTAKES TO AVOID



Choosing the cheapest option



Ignoring the type of fire



Skipping professional installation



Forgetting training

COMPLETE FIRE PROTECTION SOLUTIONS



FIRE EXTINGUISHERS

CO₂, Dry Powder, Foam & Water types



FIRE ALARM SYSTEMS

Conventional & Addressable Systems



SUPPRESSION SYSTEMS

Sprinklers, FM-200, Clean Agent Systems



HYDRANTS & HOSE REELS

Reliable protection for industrial & commercial sites



FIRE-RATED DOORS

Prevent the spread of fire & smoke, save lives

THE H.S. AHMED ALLY DIFFERENCE

- ✓ Authorized Distributors of Firex UAE – world-class fire protection products.
- ✓ Manufacturer of premium fire-rated doors and fire cabinets.
- ✓ Complete fire protection solutions for all sectors.
- ✓ Offices in Karachi, Lahore & Rawalpindi for quick response.
- ✓ Expert team for design, installation, testing, commissioning & maintenance.



INVEST IN SAFETY

Fire safety is not an expense – it's an investment in human life, property and your future.

Choose quality. Choose reliability.
Choose H.S. Ahmed Ally.



CONTACT US
FOR MORE INFORMATION

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051-5511748, 042-37459833

info@hsahmedally.com

www.hsahmedally.com



Karachi | Lahore | Rawalpindi
Serving all over Pakistan

PSC AT A GLANCE

Pakistan Safety Council (PSC[®]) is a registered, non-profit organization committed to promoting a culture of safety, health, and environment sustainability across Pakistan. Since 2010, we have been working in collaboration with government, industries, academia, and communities to build a safer and sustainable Pakistan.

OUR MISSION

To promote and enhance Occupational Safety, Health, Environment and Sustainability through education, training, awareness and collaboration.

OUR IMPACT IN NUMBERS



1300+
PROFESSIONAL MEMBERS



600+
ORGANIZATIONAL MEMBERS



30000+
TRAINED STUDENTS



ALL ACROSS PAKISTAN
Strong Presence in All Major Cities

WHO WE ARE



REGISTERED & NON-PROFIT ORGANIZATION
Supervised by the Ministry of Labour & Manpower, Government of Pakistan.



ESTABLISHED IN 2010
Over a decade of excellence in advancing HSE standards and practices.



STRONG PARTNERSHIPS
Working with government bodies, national & international organizations, and industry leaders.



GLOBAL OUTLOOK
Aligned with international best practices and global sustainability goals.

OUR CORE FOCUS AREAS



OCCUPATIONAL SAFETY



HEALTH & WELLBEING



ENVIRONMENT & SUSTAINABILITY



CAPACITY BUILDING & TRAINING



AWARENESS & COMMUNITY ENGAGEMENT



RESEARCH, STANDARDS & ADVOCACY

OUR PRESENCE



Karachi

Lahore

Islamabad

Peshawar

Quetta

Multan

Faisalabad

& Many More

TRAINING & CAPACITY BUILDING



HSE TRAINING

Wide range of HSE courses for individuals and organizations.



NATIONAL & INTERNATIONAL DIPLOMAS

Government approved & internationally recognized programs.



CORPORATE TRAINING

Customized training solutions for industries and organizations.



SKILLED TRAINERS

Team of qualified and experienced HSE professionals.

OUR PROFESSIONAL COMMUNITY

AMPSC[®]

Associate Member

GMPSC[®]

Graduate Member

SMPSC[®]

Specialist Member

CMPSC[®]

Chartered Member

FMPSC[®]

Fellow Member

CPD

CPD Certified Professionals



PSC is committed to creating safer workplaces, empowering professionals, and building a sustainable future for Pakistan.



Promoting Safety



Protecting People



Sustaining the Future



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COMPANY NEWSLETTER

ABOUT RISING SPORTSWEAR

Rising Sportswear is an internationally recognized, market leading manufacturer of premium sportswear and teamwear apparel. Known for our uncompromising quality, on-time delivery and customer-focused approach, we proudly serve clients across the UK, Europe, USA, Australia and beyond.

We have established our manufacturing industry in Pakistan and are **registered as a corporate member of the Pakistan Safety Council (PSC)**, reaffirming our commitment to workplace safety, compliance and international standards.

With over 250 skilled employees globally, our vertical setup gives us complete control of the supply chain – from order processing and art approval to production, quality assurance and delivery.

Our mission is to provide world class products for our customers at the right time, right place and right quality, always.



MANUFACTURING EXCELLENCE

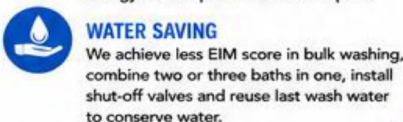
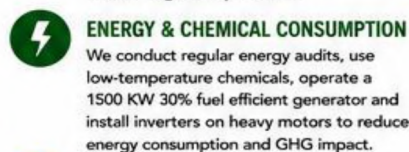
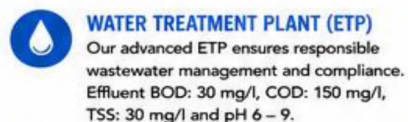
Our multi-facility infrastructure allows us to offer a wide range of technologies and services, including:

- SCREEN PRINTING
- HEAT TRANSFER & HEAT APPLICATION
- EMBROIDERY & STITCHING
- QUALITY ASSURANCE & INSPECTION
- PACKING & FINISHING



SUSTAINABLE MANUFACTURING

We integrate responsible practices into everything we do to protect the environment and build a better future.



Our sustainable practices reflect our commitment to a cleaner planet and a better future for generations to come.

WORLD CLASS SPORTSWEAR.
BUILT ON QUALITY. DELIVERED GLOBALLY.

OUR LEADERSHIP



Mr Ali Asghar

CEO, Founder & Proprietary

“Our vision is to be a global leader in sportswear by delivering excellence, innovation and value to our customers.”



MR. MUHAMMAD AZHAR

Head of Operations

“Operational excellence and continuous improvement drive us to deliver the best for our clients, every time.”

OUR GLOBAL REACH



REGISTERED AS A CORPORATE MEMBER OF PAKISTAN SAFETY COUNCIL (PSC)

We are committed to maintaining the highest standards of health, safety and environment in all our operations.



**ONE SOURCE.
FOR ALL SPORTS.**
Quality is in our DNA.

WHY CHOOSE US?

- ✓ World class quality
- ✓ Reliable lead times
- ✓ Competitive pricing
- ✓ Ethical & compliant manufacturing
- ✓ Dedicated & experienced team

GET IN TOUCH

- ✉ info@risingsportswear.co.uk
- 🌐 www.risingsportswear.co.uk
- 📍 Pakistan | UK | USA | Australia



TRAINING IN ACTION

EMERGENCY FIRST AID CPR TRAINING AT PRL KARACHI

Pakistan Safety Council (PSC[®]) successfully conducted an Emergency First Aid & CPR Training session at Pakistan Red Crescent (PRL), Karachi.

The session was highly interactive and practical, equipping participants with essential life-saving skills to respond effectively during emergencies.



LIFE-SAVING SKILLS
Empowering individuals to save lives in critical situations.



PRACTICAL LEARNING
Hands-on practice to build confidence and readiness in real emergencies.



AWARE & PREPARED
Building a safer community through knowledge, awareness & action.



HEALTH & SAFETY FIRST
Promoting a culture of safety, care and responsibility at every level.



**BE PREPARED.
MAKE A DIFFERENCE.
SAVE A LIFE.**



HIGHLIGHTS

✓ CPR Techniques

✓ Bandaging & Wound Care

✓ Rescue & Response

✓ Emergency Assessment

✓ Practical Scenarios

✓ Participant Engagement



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FEATURE ARTICLE



**DR. RAHEEN
UR REHMAN**
PSC Professional Member

SAFETY IN ACTION, LIVES PROTECTED

Real Challenges. Practical Solutions. Positive Impact.

Every day across Qatar's dynamic worksites, HSE professionals turn challenges into opportunities, risks into resilience, and commitments into lives saved. Here's how we do it.



FROM THE FIELD

The Real HSE Challenges We Face Every Day in Qatar



The Sun Doesn't negotiate — field temperatures regularly cross 50°C in summer with humidity that turns ordinary tasks into endurance tests. Heat stress is our most constant, invisible adversary.



A Workforce from across the Globe — our crews speak a dozen languages. A toolbox talk delivered only in English will not land, and a misunderstood instruction is a near-miss waiting to happen.



High-Risk Work under Real Pressure — working at heights, confined-space entry, hot work, heavy lifts and live-plant interventions happen daily, often under aggressive schedules that test even the strongest Permit-to-Work systems.



The Human Behind The Hard-Hat — road safety, behavioral choices and mental wellbeing are the silent giants of HSE; far too easy to overlook, far too costly to ignore.



THE POSITIVE WAY FORWARD

How We Turn Every Challenge Into a Win:



Beating the Heat With Science, Not Hope — WBGT-based work-rest cycles, mobile cooling stations, hydration points nearby work locations, acclimatization programs for new arrivals, and full alignment with Qatar's ministry regulations.



Speaking Everyone's Language — pictorial toolbox talks, multilingual safety champions in every location, visual hazard signage, and bite-sized 5-minute "safety moments" that cross every cultural boundary.



Stop-Work Authority In Every Worker's Hands — rock-solid Permit-to-Work discipline, third-party scaffold inspections, Last-Minute Risk Assessments before every task, and the absolute right of any worker — from helper to engineer — to stop a job that does not feel safe.



Caring for the Whole Worker — defensive driving, IVMS, journey management plans, welfare audits beyond the legal minimum, and a culture where saying "I'm not okay today" is treated as professionalism, not weakness.

“ A MESSAGE FROM THE FIELD

Safety is the only deadline that cannot be moved. Every project we deliver in Qatar — from the towers reshaping our skyline to the energy assets powering our nation — rests on one non-negotiable foundation: every worker goes home, exactly as they came.

This issue shares the realities of HSE on the ground, the unique challenges we face in the field, and the people-first approach we take to turn each one into a story of progress, pride, and protection.

Raheen Ur Rehman

ARTICLE (CONT'D) Safety Is a Shared Heartbeat

The truest measure of an HSE programme is not what is written in the manual — it is what happens when no one is watching. The real victories on our sites are the quiet ones:

- A new helper pulling his foreman back from an unguarded edge.
- A driver refusing to start a journey because he didn't sleep well.
- A welder pausing a hot job because the fire watcher stepped away for two minutes.
- A young engineer stopping a senior manager's walk down because his chinstrap was loose.



These are not policy victories. They are people victories — and they happen because, in Qatar, we have learned that safety is not enforced from the top; it is shared from the heart.

To my fellow HSE professionals across this country: what we do is not paperwork. We are the reason a mother in Pakistan receives a video call tonight. We are the reason a son in India hears his father's laugh next month. We are the reason a young Qatari engineer goes home, every evening, to a family who is so very proud of her.

In Qatar, we are not only building stadiums, refineries, metro lines and skylines. We are building a generation of workers who go home — every single day — to the people who love them.

That is the ultimate KPI — and it is one we will never stop chasing.”



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TECHNICAL HSE FOCUS

CONTROLLING RISK. PROTECTING LIVES.

A PRACTICAL GUIDE TO RISK ASSESSMENT, PTW, LOTO & FIRE SAFETY

Technical controls, disciplined procedures and a strong safety culture are the backbone of every safe operation. When these elements work together, incidents are prevented and lives are protected.



1. RISK ASSESSMENT

Identify Today.
Prevent Tomorrow.

A risk assessment is the foundation of all safe work.

- ✓ Identify hazards in the workplace, task, and environment.
- ✓ Evaluate the risks considering likelihood and severity.
- ✓ Implement effective controls using the Hierarchy of Controls.
- ✓ Review and update regularly when changes occur.

Remember:
If you don't assess the risk, you can't control the risk.

2. PERMIT TO WORK

Control Work.
Control Risk.

PTW ensures high-risk work is planned, controlled, and authorized.

- ✓ Define the scope of work clearly.
- ✓ Identify hazards and required safety precautions.
- ✓ Verify isolations, gas tests, and equipment readiness.
- ✓ Authorize the work and monitor until completion.

Remember:
No valid permit,
No work.

3. LOCKOUT TAGOUT (LOTO)

Zero Energy.
Zero Harm.

LOTO protects workers from the unexpected release of energy.

- ✓ Identify all energy sources (electrical, mechanical, hydraulic, pneumatic, etc.).
- ✓ Isolate and lock out all energy points.
- ✓ Apply personal lock and tag – one worker, one lock.
- ✓ Verify zero energy before starting the work.

Remember:
Lock it. Tag it.
Try it. Verify it.

4. FIRE SAFETY

Prepare. Prevent.
Protect.

Fire safety is everyone's responsibility.

- ✓ Keep escape routes clear at all times.
- ✓ Ensure fire alarms, extinguishers and hydrants are accessible and inspected.
- ✓ Control combustible materials and hot work risks.
- ✓ Train people, conduct drills, and be ready to respond.

Remember:
A small spark today can be a big disaster tomorrow.

THE GOLDEN RULES



PEOPLE FIRST

No task is so important that it cannot be done safely.



FOLLOW PROCEDURES

Procedures exist for a reason – follow them, every time.



STAY ALERT

Be aware of your surroundings and speak up.



VERIFY & COMMUNICATE

Verify before you act and communicate clearly.



STOP IF UNSAFE

Every worker has the authority to stop unsafe work.

KEY TAKEAWAY



When we assess the risk, follow procedures, isolate energy, and prepare for emergencies — we create workplaces where people are safe, operations are reliable, and everyone goes home to their families.

PLAN SAFE. WORK SAFE. GO HOME SAFE.

“SAFETY IS NOT EXPENSIVE, IT'S PRICELESS.
Invest in controls today, reap protection for a lifetime.



Follow us for more
HSE updates and activities

PSC MEMBER OF THE MONTH

LEADING BY EXAMPLE. INSPIRING EVERY DAY.

Our Member of the Month exemplifies the values of Pakistan Safety Council through unwavering commitment, professional excellence, and a passion for creating safer, healthier and more sustainable workplaces.



ACTIVE PARTICIPATION

- ✓ Actively participates in PSC initiatives, events and training programs.
- ✓ Contributes valuable insights in discussions and technical sessions.
- ✓ Supports peer members and promotes a culture of collaboration.
- ✓ Volunteers for awareness campaigns and community safety activities.



AHMED RAZA KHAN

SMPSC[®] | PSC Specialist Member

PSC Karachi Coordinator | NFPA 70E Certified |
Certified Fire Protection Facilitator
Diploma in Fire Safety Management | IOSH | OSHA
Fire Pump, Sprinkler & Hydrant Systems – Trained by Firex UAE



KEY SKILLS & COMPETENCIES



RISK ASSESSMENT

Identifies hazards, evaluates risks and implements effective controls.



PERMIT TO WORK

Ensures safe systems of work through strict PTW procedures.



LOTO EXPERTISE

Skilled in Lockout Tagout procedures for zero energy incidents.



FIRE SAFETY MANAGEMENT

Strong in fire prevention, protection systems and emergency response.



LEADERSHIP

Leads by example, inspires teams and promotes safety culture.



TRAINING & AWARENESS

Conducts trainings, toolbox talks and safety awareness sessions.

“ Safety is not just a responsibility, it's a commitment to protect people, preserve lives and build a better tomorrow. ”



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PSC ACADEMY TRAINING PROGRAMS

EMPOWERING PROFESSIONALS. STRENGTHENING SAFETY. BUILDING A SAFER PAKISTAN.

PSC Academy offers internationally recognized and industry-relevant training programs designed to build skills, ensure compliance, and promote a strong culture of Health, Safety & Environment across all sectors.



KNOWLEDGE
We Educate



COMPETENCE
We Develop



COMPLIANCE
We Ensure



IMPACT
We Deliver



ISO STANDARDS TRAINING & CERTIFICATION

LEAD. IMPLEMENT. EXCEL.

Stay ahead with our comprehensive ISO training programs delivered by experienced industry professionals and certified lead auditors.

OUR POPULAR ISO PROGRAMS

- ✓ ISO 9001 – Quality Management System
- ✓ ISO 14001 – Environmental Management System
- ✓ ISO 45001 – Occupational Health & Safety
- ✓ ISO 27001 – Information Security Management
- ✓ ISO 22301 – Business Continuity Management
- ✓ ISO 50001 – Energy Management System



Expert Trainers
IRCA / Exemplar
Certified



Internationally
Recognized
Certification



Practical,
Interactive &
Result-Oriented



Audit Readiness
& Implementation
Support

2026 ISO TRANSITION PROGRAMS

Stay Compliant. Stay Ahead.

Prepare your organization for upcoming ISO standard transition deadlines with our specialized programs.

- ✓ ISO 9001:2015 → Transition by Sep 2026
- ✓ ISO 14001:2015 → Transition by Sep 2026
- ✓ ISO 45001:2018 → Transition by Mar 2027
- ✓ ISO 27001:2022 → Transition by Oct 2026
- ✓ ISO 22301:2019 → Transition by Oct 2026



**GAP
ASSESSMENT**



**TRANSITION
PLANNING**



**TRAINING &
AWARENESS**



**CERTIFICATION
SUPPORT**

NUSP[®] – NATIONAL UNIFIED SAFETY PROGRAMS

ONE NATION – ONE UNIFIED PROGRAM



LEVEL 1	BOSH[®] Basic Occupational Safety & Health	2 MONTHS
LEVEL 2	GOSH[®] General Occupational Safety & Health	2 MONTHS
LEVEL 3	COSH[®] Certificate in Occupational Safety & Health	2 MONTHS
LEVEL 4	POSH[®] Professional Occupational Safety & Health	2 MONTHS
LEVEL 5	EOSH[®] Expert Occupational Safety & Health	2 MONTHS



Structured
Career Path



Globally
Aligned Content



PSC Certification
at Every Level



Enhance Skills
& Employability

OTHER SPECIALIZED TRAINING PROGRAMS



NEBOSH IGC
International General Certificate



IOSH Managing Safely
Working Safely



Fire Safety
Awareness to Advanced



First Aid & CPR
Basic to Advanced



H₂S Safety
Awareness to Advanced



Working at Heights
Safety Training



Permit to Work
System Training



**Environmental
Management**

CORPORATE TRAINING SOLUTIONS

- On-site & Customized Trainings
- Competency Development Programs
- Training Need Analysis (TNA)
- E-Learning & Blended Learning Options



OUR IMPACT, OUR COMMITMENT



1,200+
Professional
Members



500+
Organizational
Members



20,000+
Trained
Students



100+
Corporate
Clients



15+
Years of HSE
Excellence

**“ Invest in Training Today,
Ensure a Safer Tomorrow.
Together for Safety.
Together for Pakistan.**



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INTERNATIONAL HSE PERSPECTIVE

GLOBAL TRENDS. INTERNATIONAL DEVELOPMENTS.
SHARED COMMITMENT. SAFER FUTURE.

Health, Safety & Environment is a universal responsibility.
As industries evolve and new risks emerge, international collaboration,
innovation and knowledge sharing are key to building a safer, healthier
and more sustainable world.

“ Safety has no borders.
Excellence in HSE is a global journey
towards protecting people and our planet. ”

GLOBAL HSE TRENDS 2026



SUSTAINABILITY IN FOCUS

Organizations are integrating ESG principles into HSE strategies to build resilient and sustainable operations.



DIGITAL TRANSFORMATION

AI, IoT and predictive analytics are revolutionizing risk management and enabling smarter HSE decisions.



MENTAL HEALTH & WELLBEING

Workplace wellbeing is now a critical component of HSE performance and organizational success.



SAFETY CULTURE EXCELLENCE

Strong leadership and employee engagement are driving positive safety culture worldwide.



EMERGING RISKS

Climate change, extreme weather, cybersecurity and new technologies are shaping the risk landscape.



PROACTIVE RISK MANAGEMENT

Organizations are moving from reactive to proactive approaches to prevent incidents before they occur.

REGIONAL HSE INSIGHTS



MIDDLE EAST

Mega projects, renewable energy transition and workforce safety initiatives are driving HSE excellence.



ASIA PACIFIC

Rapid industrialization, infrastructure growth and stronger regulatory frameworks are advancing HSE standards.



EUROPE

Focus on climate action, sustainability reporting and worker wellbeing continues to set global benchmarks.



NORTH AMERICA

Technology-driven solutions, data analytics and behavioral safety programs are leading the way.



GLOBAL COLLABORATION

Cross-border partnerships and knowledge sharing strengthen global safety performance.

KEY TAKEAWAYS



Global challenges require global solutions.



Leadership and people are at the heart of HSE transformation.



Innovation and technology are enablers of a safer future.



Strong systems and standards drive sustainable performance.



Together, we can create a world where everyone goes home safe.

INTERNATIONAL DEVELOPMENTS



Global Reporting Standards (GRI)
Enhanced disclosure on occupational health, safety and sustainability.



ILO - Safe & Healthy at Work
New global strategy 2024-2030 focusing on prevention and decent work for all.



ISO Updates & Revisions
Continuous improvement of ISO standards to address emerging risks and global challenges.



Vision Zero Campaign
A global movement to eliminate workplace injuries and occupational diseases.



Green & Safe Supply Chains
International emphasis on sustainable procurement and responsible supply chain management.

UPCOMING INTERNATIONAL EVENTS

**22-24
SEP 2026**

World Congress on Safety & Health at Work 2026
📍 Sydney, Australia

**16-18
NOV 2026**

Global HSE & Sustainability Summit 2026
📍 Dubai, UAE

**02-04
DEC 2026**

International Labour Conference (ILC 2026)
📍 Geneva, Switzerland

**19-21
JAN 2027**

Offshore Technology Conference (OTC 2027)
📍 Houston, USA

**15-17
MAR 2027**

A+A International Trade Fair & Congress 2027
📍 Düsseldorf, Germany



Follow us for more
HSE updates and activities



A SAFER WORLD IS POSSIBLE
WHEN WE **WORK TOGETHER.**



SHARED KNOWLEDGE



SHARED COMMITMENT



SHARED FUTURE

PSC MEMBERSHIP & COMMUNITY

CONNECT. GROW. LEAD. MAKE AN IMPACT.

Be part of Pakistan's leading OSH community and a healthier, safer and more sustainable tomorrow. Together we connect professionals, share knowledge and create lasting change.



MEMBER BENEFITS

More Knowledge. More Opportunities. Greater Impact.



TECHNICAL LEARNING

Expert training, webinars & resources



PROFESSIONAL RECOGNITION

Accredited membership & certifications



NETWORKING OPPORTUNITIES

Connect with HSE experts worldwide



INDUSTRY FOCUS

Stay updated on latest HSE trends & regulations



SUSTAINABILITY IMPACT

Contribute to a safer, greener Pakistan



CAREER ADVANCEMENT

Build skills for a stronger future



MEMBERSHIP CATEGORIES

AFPSC

Affiliate Member

For committed supporters of PSC

AMPSC

Associate Member

For emerging OSH professionals

GMPSC

Graduate Member

For graduates in safety & environment

SMPSC

Specialist Member

For HSE specialists

CMPS

Chartered Member

For certified professionals

FMPSC

Fellow Member

For senior HSE professionals

PAKISTAN'S LEADING OSH ORGANIZATION



1,300+

Professional Members



600+

Organizational Members



30,000+

Trained Students



200+

Corporate Members



WHY JOIN PSC?

- ✓ Be part of a dynamic and growing OSH community
- ✓ Gain access to exclusive technical knowledge & events
- ✓ Share experiences, collaborate and lead
- ✓ Be a change maker for a safer, healthier and sustainable Pakistan



OUR COMMUNITY OUR COMMITMENT

Together for Safety.
Together for Pakistan.



BECOME A MEMBER
BUILD A SAFER TOMORROW



Follow us for more
HSE updates and activities



www.psc.org.pk



info@psc.org.pk



/pakistansafetycouncil

ENVIRONMENT & SUSTAINABILITY

BUILDING A GREENER, SAFER & SUSTAINABLE PAKISTAN

A sustainable future begins with responsible actions today. At PSC, we are committed to protecting our environment, promoting resource efficiency, and driving climate resilience for a healthier planet and stronger communities.

OUR COMMITMENT



PROTECT

Protect the environment and biodiversity.



REDUCE

Reduce pollution and minimize environmental impact.



RESPONSIBLE

Use resources responsibly and promote circular economy.



ENGAGE

Engage people and communities for a sustainable tomorrow.



IMPROVE

Continuously improve our sustainability performance.

KEY FOCUS AREAS



CLIMATE ACTION

Taking measurable action to reduce GHG emissions and build climate resilience.



CLEAN ENERGY

Promoting renewable energy and energy efficiency across operations.



RESOURCE EFFICIENCY

Optimizing the use of materials, minimizing waste and promoting recycling.



WATER STEWARDSHIP

Conserving water resources and promoting sustainable water management.



BIODIVERSITY PROTECTION

Protecting natural habitats and supporting ecosystem restoration.

ESG & ENVIRONMENTAL RESPONSIBILITY



ENVIRONMENT

- Climate action & emissions reduction
- Energy efficiency & clean energy
- Waste management & recycling
- Water conservation
- Biodiversity protection



SOCIAL

- Health, safety & wellbeing
- Community engagement
- Education & awareness
- Diversity, equality & inclusion
- Human rights & fair practices



GOVERNANCE

- Ethical business conduct
- Transparent reporting
- Compliance & risk management
- Strong policies & accountability
- Sustainable supply chain

SUSTAINABILITY IN ACTION



Implementing green practices in workplaces and projects



Building awareness through training & capacity building



Partnering for a cleaner, safer and sustainable Pakistan



Measuring, monitoring and reporting our sustainability progress

GREEN TIPS FOR EVERYONE



Save energy. Turn off when not in use.



Save water. Every drop counts.



Reduce waste. Reuse, recycle, repeat.



Use sustainable transport.



Plant more trees. Protect nature.



Choose responsible & sustainable choices.



“ The environment is where we all meet; where we all have a mutual interest; it is the one thing all of us share. ”

– Lady Bird Johnson



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TOGETHER, LET'S BUILD A SUSTAINABLE FUTURE
For Our Planet. For Our People. For Pakistan.



PLANET



PEOPLE



PROGRESS



PROSPERITY

M.Y BARI MILLS (PVT.) LTD.

QUALITY • INNOVATION • SUSTAINABILITY

COMPANY HIGHLIGHTS



70+ Years
Manufacturing Excellence



800,000+ SQ.FT
Manufacturing Capacity



OEKO-TEX®
MADE IN GREEN Certified



**Pakistan
Safety Council**
Member

ABOUT BARI MILLS

M.Y Bari Mills (Pvt.) Ltd. stands as Pakistan's 4th largest terry manufacturer with over 70 years of textile excellence since 1944. As a vertically integrated manufacturing powerhouse, we operate 800,000+ sq.ft of state-of-the-art facilities across three dedicated units, each with independent quality teams ensuring world-class standards. Our commitment to innovation, quality, and sustainability drives our global export network, serving leading retailers, hospitality, and healthcare industries across USA, Europe, UK, Australia, and the Middle East.

KEY METRICS



5 CONTINENTS
Global reach



70+
YEARS Excellence
since 1944



800K
SQ.FT FACILITY
(3 dedicated units)

OUR COMMITMENT – DRIVING A SUSTAINABLE FUTURE



CERTIFICATIONS & COMPLIANCE

- GOTS
- GRS
- OCS
- OEKO-TEX Standard 100
- OEKO-TEX STEP
- Higg FEM
- Higg FSLM
- SMETA
- BSCI
- Better Work certification
- Customer technical audits



SUSTAINABILITY & ENVIRONMENT

- Green Office initiatives
- Energy conservation
- Water saving projects
- Waste management
- Recycling activities
- Solar energy
- Carbon reduction initiatives
- WWF collaboration
- SBTi journey start in 2026



HEALTH, SAFETY & ENVIRONMENT (HSE)

- Fire drills
- Emergency evacuation drills
- Safety training
- PPE awareness
- Near-miss reporting
- First aid training
- New safety improvements



EMPLOYEE RECOGNITION

- Star of the Year
- Employee of the Month
- Best Attendance
- Long Service Awards



LOOKING AHEAD (2027)

- Future goals
- Sustainability roadmap
- New certifications
- New projects
- Continuous improvement plans



OUR ACHIEVEMENTS & FOCUS AREAS



Higg FEM and
Higg FSLM
achievements



OEKO-TEX
STEP
performance



GOTS/GRS/OCS
certification
renewals



WWF
sustainability
collaboration



Green Office
initiatives



Fire & Safety
improvements



Employee
training and
development



Customer
technical audit
improvements



Sustainability
and compliance
milestones



Recognition of
outstanding
employees
and teams

MANUFACTURING EXCELLENCE



WATER RECYCLING

Advanced ETP Plant (300,000 GPD capacity) with Chemical + Biological + MBR treatment



RENEWABLE ENERGY

450 KW Solar System generating clean electricity



CARBON REDUCTION

Heat recovery systems and energy-efficient operations



WASTE MANAGEMENT

Comprehensive reduce-reuse-recycle program



Factory Address
M.Y Bari Mills (Pvt.) Ltd.
Karachi, Pakistan



Website
www.barimills.com



Email
sales@barimills.com



Phone
+92 300 9290360



REGISTERED AS A
CORPORATE MEMBER OF
**PAKISTAN SAFETY
COUNCIL (PSC)**

We are committed to maintaining the highest standards of health, safety, and environment in all our operations.

9TH HS&E EXCELLENCE ANNUAL CONFERENCE & AWARDS 2026

*Recognizing Excellence. Inspiring Sustainability.
Building a Safer, Healthier & Sustainable Future.*

7 OCTOBER 2026
Wednesday

KARACHI, PAKISTAN
Venue: To be Announced

150-200+
Expected Delegates

INTERNATIONAL PARTICIPATION
Industry Leaders | Experts |
Delegates from across the Globe



EVENT FEATURES



PRESTIGIOUS CONFERENCE

Insightful sessions, panel discussions & expert presentations on emerging HS&E trends and challenges.



HS&E EXCELLENCE AWARDS

Honoring organizations and individuals who demonstrate outstanding commitment to HS&E excellence.



NETWORKING OPPORTUNITIES

Connect with industry leaders, professionals, policymakers & solution providers.



GLOBAL PERSPECTIVE

International participation from Asia, Middle East, Europe & beyond bringing global best practices to Pakistan.



PARTNERSHIPS & COLLABORATION

Explore strategic partnerships & collaborations for a safer & sustainable tomorrow.



SUSTAINABILITY FOCUS

Driving sustainability leadership and responsible business practices.

AWARD CATEGORIES



Fire Safety & Emergency Response



Environmental Excellence & Sustainability Leadership



Excellence in CSR



Management Road Safety



Industrial Safety Excellence



HSE Research (Education)



Best Occupational Safety Culture



WHO SHOULD ATTEND?

- CEOs, Directors & Top Management
- HSE Professionals & Practitioners
- Government & Regulatory Bodies
- Industry Leaders & Experts
- Academia & Researchers
- Consultants & Solution Providers
- NGOs & Social Partners
- Media & Safety Advocates

EVENT HIGHLIGHTS

- Keynote Addresses by Global Experts
- Technical & Case Study Presentations
- Panel Discussions
- Exhibition & Showcase
- Awards Ceremony
- Networking Dinner
- Knowledge Sharing Sessions

INTERNATIONAL PARTICIPATION

We welcome distinguished delegates, organizations & experts from across the globe.



ASIA



MIDDLE EAST



EUROPE



UK



AFRICA



SOUTH EAST ASIA

PARTICIPATING COUNTRIES (EXPECTED)



MALAYSIA



SINGAPORE



CHINA



UNITED KINGDOM



UNITED ARAB EMIRATES



SAUDI ARABIA

& MORE

“ Together, let's raise standards, recognize excellence and build a safer, healthier & sustainable world. ”



Follow us for more
HSE updates and activities

BE A PART OF
PAKISTAN'S PREMIER
HS&E EVENT!

NOMINATE
Excellence
Deserves
Recognition

ATTEND
Gain Knowledge
Build Connections
Create Impact

PARTNER
Collaborate for
a Safer & Better
Tomorrow

SPONSOR
Showcase Your Brand
Support the Mission
Inspire Change

SCAN TO
REGISTER
YOUR INTEREST



PSC CORPORATE MEMBERSHIP

Partnering for a Safer, Healthier
& Sustainable Future

Join Pakistan's leading
network of organizations
committed to excellence in
Health, Safety, Environment
& Sustainability.

MEMBERSHIP SCOPE

PSC Corporate Membership is designed for organizations that value safety, sustainability and operational excellence. It provides a platform to collaborate, learn, benchmark and lead initiatives that contribute to safer workplaces and sustainable communities.



COLLABORATION

Network with industry
leaders, professionals
and experts.



CAPACITY BUILDING

Access to training,
workshops, seminars
& knowledge resources.



BEST PRACTICES

Share & learn globally
recognized HSE &
sustainability practices.



ADVOCACY

Contribute to national
policies, standards &
safety initiatives.



SUSTAINABILITY

Promote environmental
responsibility &
sustainable growth.

MEMBERSHIP BENEFITS



CORPORATE RECOGNITION

Enhance your organization's image as a responsible
and safety-conscious entity.



DISCOUNTED SERVICES

Special discounts on PSC training, certifications,
conferences & publications.



EXCLUSIVE ACCESS

Priority access to events, webinars, technical
sessions & industry updates.



BRANDING OPPORTUNITIES

Showcase your organization through PSC
platforms, publications & digital media.



TALENT DEVELOPMENT

Build a competent workforce through professional
development programs & capacity building.



BENCHMARKING & IMPROVEMENT

Benchmark against industry best practices and
drive continuous improvement.



INFLUENCE & LEADERSHIP

Be part of national initiatives & lead the change
towards safer & sustainable Pakistan.

CORPORATE MEMBER RECOGNITION



- ✓ Certificate of Corporate Membership
- ✓ Company Logo featured on PSC
website & publications
- ✓ Recognition during PSC events
& conferences
- ✓ Use of "PSC Corporate Member"
logo for your organization
- ✓ Nomination opportunities for
PSC Awards
- ✓ Acknowledgement in PSC
magazine & social media

WHO CAN JOIN?



All public, private & multinational
organizations from any sector
committed to advancing
Health, Safety, Environment
& Sustainability.

MEMBERSHIP CATEGORIES

- ★ **PLATINUM MEMBER**
For Leading Organizations
- ★ **GOLD MEMBER**
For Growth-Oriented Organizations
- ★ **SILVER MEMBER**
For Developing Organizations
- ★ **ASSOCIATE MEMBER**
For Emerging Organizations

TOGETHER, WE BUILD A SAFER & SUSTAINABLE PAKISTAN



SAFER
WORKPLACES



HEALTHIER
COMMUNITIES



SUSTAINABLE
ENVIRONMENT



STRONGER
COLLABORATION



SUSTAINABLE
GROWTH

“ Safety is not just a priority,
it's a value. Together,
we make it a culture. ”

BECOME A CORPORATE MEMBER TODAY!

Join hands with leaders
who lead by example.



APPLY
Submit Membership
Application



EVALUATION
PSC reviews your
application



APPROVAL
Welcome to the PSC
Corporate Family



ENGAGE
Participate, Collaborate
& Create Impact



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**PAKISTAN
SAFETY COUNCIL**
Occupational Safety & Health Organization

PSC[®] OFFICIAL HSE & SUSTAINABILITY E-MAGAZINE

SAFETY INSIGHT



LEADING THE WAY FOR A SAFER, HEALTHIER & SUSTAINABLE PAKISTAN

Pakistan Safety Council (PSC[®]) is a registered non-profit organization working under the supervision of Ministry of Overseas Pakistanis & Human Resource Development, Government of Pakistan.

CONNECT WITH PSC[®]

— We are here to serve you! —



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WEBSITE
www.psc.org.pk



OFFICE HOURS
Monday – Friday
09:00 AM – 06:00 PM (PKT)



DON'T MISS!

PSC 9TH HS&E EXCELLENCE ANNUAL CONFERENCE & AWARDS 2026

RECOGNIZING EXCELLENCE. INSPIRING CHANGE.
BUILDING A SAFER & SUSTAINABLE FUTURE.



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Expected Delegates



**INTERNATIONAL
PARTICIPATION**
Industry Leaders | Experts |
Delegates from across the Globe



**BE A PART OF PAKISTAN'S PREMIER
HS&E EVENT – NOMINATE, ATTEND & CELEBRATE EXCELLENCE!**



1300+
PROFESSIONAL
MEMBERS



600+
COMPANY
MEMBERS

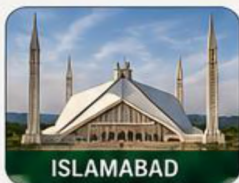


30,000+
STUDENTS
TRAINED

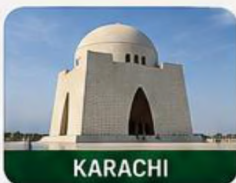


**TOGETHER,
WE BUILD A SAFER,
SUSTAINABLE PAKISTAN**

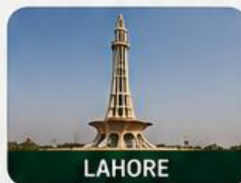
OUR PRESENCE ACROSS PAKISTAN



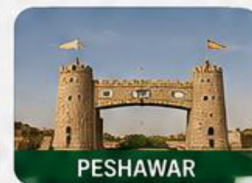
ISLAMABAD



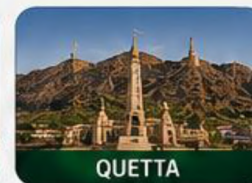
KARACHI



LAHORE



PESHAWAR



QUETTA



AND MORE...



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HSE updates and activities

FOLLOW & CONNECT WITH US



/pakistanafetycouncil



SCAN TO
VISIT OUR
WEBSITE



JOIN HANDS WITH LEADERS
Network. Collaborate. Learn. Grow.
Together, let's create a culture
of safety, sustainability & excellence.

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